

Zuppa Toscana Soup | Italian Sausage Potato Cream Soup

directions

- Sauté Swaggerty's Farm Italian sausage with olive oil on high in Instant Pot or other pressure cookers until browned, 4- 5 minutes. (Please refer to individual pressure cooker's instructions for sautéing setting)
- 2. Add minced garlic, chopped onion, dried oregano, and thyme, to Instant Pot and sauté until onion has softened (about 3 minutes). Stir in chopped potatoes and broth until well mixed. Following the manufacturer's instructions add the lid, set pressure to high, and set timer for 5 minutes. When finished cooking, release pressure according to the instructions. that come with your pot.
- 3. With the lid removed, set Instant Pot back to sauté on high and stir the kale. Simmer until kale has wilted for a couple of minutes. Stir in half and half and heat for another minute. Add salt and pepper to taste.

| 6-8 | 15 min. | 15 min. |
|----------|-----------|-----------|
| servings | prep time | cook time |

ingredients

1 Tbsp. olive oil

1 lb. <u>Swaggerty's Farm Premium</u> <u>Italian Sausage</u>

4 cloves garlic, minced

1 medium onion, chopped

1 tsp. dried oregano

1 tsp. dried thyme

3 baking potatoes, diced

6 cups low-sodium chicken broth

1 bunch fresh kale

1 cup half and half

salt and pepper

To Serve

Serve hot. This is soup is great the next day as well!

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