



White Bean Sausage Chili | Hearty Gluten-Free Soup

directions

1. Cook sausage links over medium heat until golden brown. Remove from skillet and set aside to drain.
2. In same skillet over medium heat add the olive oil, bell pepper, onion, and celery. Sauté just until veggies are softened. Toss in garlic and sauté for another 2 minutes.
3. In a large cooking pot set over medium heat add chicken stock, water, and all the beans. Add the cooked bell pepper-onion mixture. Stir to combine.
4. Add one generous tbsp chili powder and 1/2 tsp cumin seeds. Season with black pepper and salt to taste.
5. Cut sausage links into 1 inch bite-size pieces. Add links to cook pot.
6. Turn heat to medium-low and cook chili for 30 minutes to 1 hour. Taste and adjust seasonings.
7. Serve bowls of hot chili sprinkled with shredded cheese and chopped green onions.

6 - 8 servings	15 min prep time	30 - 60 mi cook time
ingredients		
8 to 10 Swaggerty's Farm sausage links		
1/2 red bell pepper, chopped		
1 medium onion, chopped		
2 sticks celery, chopped		
2 cloves garlic, finely chopped		
2 tbsp olive oil		
2 cans Great Northern Beans, rinsed & drained		
2 cans Cannellini Beans (white kidney beans), rinsed & drained		
1 can Garbanzo Beans (chickpeas), rinsed & drained		
1 can chicken stock + 1 cup water		
1 generous Tbsp chili powder		
1/2 tsp cumin seeds		
salt & black pepper to taste		
For Garnish: Shredded sharp cheddar cheese, chopped green onions		

To Serve

n/a

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