



Italian Bowl with Sausage

directions

1. Preheat oven to 350 degrees.
2. Spray 4 individual casseroles or oven safe bowls with vegetable spray.
3. In a bowl whisk together eggs, milk & nutmeg. Set aside.
4. Place one croissant torn into pieces into each baking dish.
5. Evenly divide the cooked sausage, basil leaves, tomatoes & cubes of cheese between the dishes.
6. Pour the egg mixture over the ingredients in each bowl.
7. Place dishes on a baking sheet. Bake for about 30-40 minutes until eggs are set and puffy just a bit golden brown.

4 <i>servings</i>	10 min <i>prep time</i>	30 - 40 mi <i>cook time</i>
ingredients <i>½ lb cooked, crumbled, and drained Swaggerty's Farm sausage</i> <i>4 store-bought croissants or crescent rolls</i> <i>16 cherry tomatoes</i> <i>16 fresh basil leaves torn into pieces</i> <i>6 eggs</i> <i>1 cup milk</i> <i>¼ tsp grated nutmeg</i> <i>4 to 6 ounces mozzarella cheese cut into cubes</i> <i>Salt & pepper</i>		

To Serve

Serve hot.

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