



# Italian Bowl with Sausage

## directions

1. Preheat oven to 350 degrees.
2. Spray 4 individual casseroles or oven safe bowls with vegetable spray.
3. In a bowl whisk together eggs, milk & nutmeg. Set aside.
4. Place one croissant torn into pieces into each baking dish.
5. Evenly divide the cooked sausage, basil leaves, tomatoes & cubes of cheese between the dishes.
6. Pour the egg mixture over the ingredients in each bowl.
7. Place dishes on a baking sheet. Bake for about 30-40 minutes until eggs are set and puffy just a bit golden brown.

4 servings	10 min prep time	30 - 40 mi cook time
<b>ingredients</b>  <i>½ lb cooked, crumbled, and drained Swaggerty's Farm sausage</i>  <i>4 store-bought croissants or crescent rolls</i>  <i>16 cherry tomatoes</i>  <i>16 fresh basil leaves torn into pieces</i>  <i>6 eggs</i>  <i>1 cup milk</i>  <i>¼ tsp grated nutmeg</i>  <i>4 to 6 ounces mozzarella cheese cut into cubes</i>  <i>Salt &amp; pepper</i>		

## To Serve

Serve hot.

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