

Marshal Andy's Breakfast Bake | Cheesy Grits with Sausage Casserole

directions

- 1. Spray 9" X 13" baking dish with cooking spray.
- 2. Cook grits according to package directions and when finished cooking, stir in cheese. Spread in baking dish.
- 3. Fry sausage, drain, and crumble over the grits.
- 4. Beat eggs, add water, salt, and pepper, and beat together completely. Pour over grits and sausage. Do not stir.
- 5. Place into a preheated 350-degree oven and bake for about 30 minutes or until eggs are set.

10 - 12	30 min.	30 min.
servings	prep time	cook time

ingredients

1 cup old fashioned yellow grits

1 lb Swaggerty's Farm sausage

1 cup cheddar cheese, grated

6 eggs

3 or 4 Tbsp. water

Salt and pepper

To Serve

Serve these cheesy grits and sausage casserole warm and season with salt & pepper. It's a Southern brunch favorite!

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