



Southern Style Egg Rolls

directions

1. In a mixing bowl, blend together the cooked and drained sausage with the diced onion.
2. Add in half the diced jalapeño peppers and sweet potatoes, salt, and black pepper. Mix well.
3. Using your hands, gather a few tablespoons of the sausage mixture and "wrap" around each stick of the cheese. Add more mixture to create a "cocoon" for the cheese, sealing it inside the sausage and sweet potato mixture. Repeat until all cheese sticks are covered.
4. To assemble egg rolls, work with one wrapper at a time: Lay wrapper out on a flat work surface with one corner pointing toward you. Place one of the sausage-sweet potato-cheese sticks in the center. Fold two outer corners up over the cheese to meet at the top. Fold the back corner up over the center and "roll", using a dab of water to seal together. Note: Most egg roll packages have a great "how-to" on rolling...good diagrams.
5. While you are making egg rolls, heat the oil in the fryer to 350 degrees.
6. Fry a couple of the egg rolls at a time, shaking the basket every now and then. Fry until golden brown and crunchy. Drain on paper towels as you cook. Takes about 30 minutes, plus cooking sweet potatoes.

notes

You can also bake the egg rolls. Turn oven to 350 degrees. Lay finished egg rolls out on a sheet pan lightly sprayed with cooking spray and bake for about 20 minutes or until crisp and golden brown.

to serve

Serve hot with sour cream, remaining diced jalapeños, and salsa for a great lunch or party snack.



4

servings

30 min +

prep time

15 - 40 min

cook time

ingredients

1/2 lb Swaggerty's Farm Sausage, browned, crumbled and drained
2 tablespoons diced onion
1/4 cup small diced fresh jalapeño pepper, divided
2 or 3 sweet potatoes baked or 2 cups mashed sweet potatoes
4 Cheddar cheese sticks, each one cut in half to make a stick about 3 inches long
1 package Egg Roll Wrappers - you will need 8 to 10
Oil for fryer or skillet
Salt and freshly ground black pepper to taste
For serving: sour cream and your favorite salsa

Pairs well with: Sour cream, extra chopped jalapeños, and salsa

Special Kitchen Tools: Small tabletop deep fryer or a deep cast iron skillet for frying egg rolls.