

## Sausage Muffins

## directions

- 1. Preheat oven to 425 degrees.
- 2. Place suasage in hot skillet and cook until heated through. Allow sausage to cool while you move on to next step. See more at:
  - http://swaggertys.com/Recipes/Breakfast\_Sausage\_Muffins/#sthash.9g1eeWLg.dpuf
- 3. In a bowl, combine flour, baking powder, salt and cayenne pepper. Stir in the corn, chilies and cheese. Stir in milk and mayonaisse. See more at: http://swaggertys.com/Recipes/Breakfast\_Sausage\_Muffins/#sthash.9g1eeWLg.dpuf
- 4. Stir sausage into mixture.
- 5. Spoon mixture into a 6-cup jumbo muffin pan or a regular muffin pan sprayed with nonstick cooking spray. - See more at: http://swaggertys.com/Recipes/Breakfast\_Sausage\_Muffins/#sthash.9g1eeWLg.dpuf
- 6. Bake for 25 minutes or until browned. \*If using wheat flour, add 1/4 c. additional milk.



6 - 12

servings

20 min *prep time*  25 min cook time

## ingredients

6 Swaggerty's Sausage patties, crumbled

2-1/3 c. flour\*

l tbsp baking powder

1/2 tsp salt

1/2 tsp cayenne pepper

l can corn, drained

l- 4 oz. can diced green chilies

1/2 c. parmesean cheese

l c. milk

l/2 c. mayonnaise

Pairs well with: Eggs, fruit

Special Kitchen Tools: N/A