



Sausage Meatloaf

directions

1. Blend all ingredients thoroughly. Shape into a loaf and place in a baking pan.
2. Bake at 350 degrees for about one hour.
3. Remove from pan, immediately after removing from oven, and allow to cool before slicing. Consider cutting the potatoes into quarters and allowing them to bake around the meat loaf.

notes

N/A

to serve

Allow to cool a bit before slicing and serving.



6 - 8

servings

10 min

prep time

60 min

cook time

ingredients

1 lb Swaggerty's Farm sausage (hot or mild)
1 lb ground beef
1 medium onion, chopped fine
1 8oz. can tomato juice
2 TBSP soy sauce
 $\frac{3}{4}$ cup saltine cracker crumbs
1 egg

Pairs well with: Salad, vegetables, fruit, greens

Special Kitchen Tools: N/A