

# Hot Italian Sausages with Caramelized Onions & Mushrooms

### directions

- 1. Brown sausages over medium heat until done in a large oven safe pan. Remove from pan and drain.
- 2. To same pan, over medium heat, add the butter and olive oil. Heat until butter melts.
- 3. Add the slivered red onion and cook, stirring a few times, until onions are caramelized and softened.
- 4. Add the mushrooms and toss well. Cook for 2-3 minutes.
- 5. Pour in balsamic vinegar, beef stock & water. Add sun-dried tomatoes slices, herbs, bay leaves, salt & black pepper. Bring to a low boil and cook for 10 minutes.
- 6. While doing the above preheat the oven to 375 degrees.
- 7. Add whole browned sausages back to the pan of vegetables and place in oven to cook for 15 minutes. Sauce will cook down and reduce somewhat.

#### notes

Baby Bella Mushrooms or Criminis are at most supermarkets these days. You can use white button mushrooms if you cannot find the others.

We used pre-cooked Basmati Rice for this and it was perfect. Long grain and firm. You just heat in the microwave and fluff up.

This is a great make-ahead dish. Double for a crowd.

#### to serve

Serve over your favorite cooked rice.



servings

20 min prep time 40 min

## ingredients

1 package Swaggerty's Farm Hot Italian Sausages (190z)

2 Tablespoons butter

2 Tablespoons olive oil

l large red onion, slivered

8 ounces Baby Bella (Crimini) mushrooms, cut into quarters

l/4 cup balsamic vinegar

4 cups beef stock

2 cups water

l/4 cup sliced sun-dried tomatoes

1 generous Tablespoon Herbs de Provence or Italian seasoning

3 bay leaves

Salt and black pepper

Fresh thyme leaves to garnish

Cooked rice for serving

Special Kitchen Tools: N/A